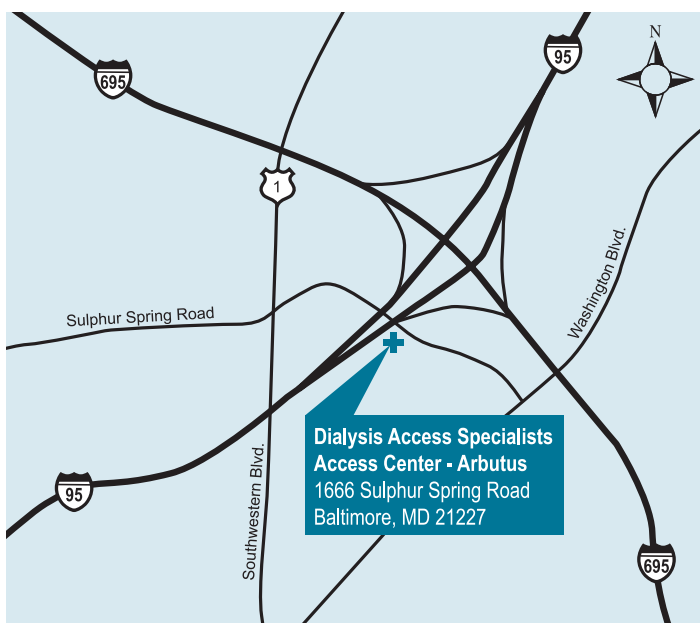


# Dialysis Access Specialists - Arbutus

*A Division of Mid-Atlantic Nephrology Associates, P.A.*



**1666 Sulphur Spring Road**

**Baltimore, MD 21227**

**Phone: 410-242-0029**

**Fax: 410-242-0096**

From the North, Owings Mills, via Beltway (I-695)  
Take the I-695 W/Baltimore Beltway Outer Loop toward Baltimore. Take the I-95 S. exit to Exit 11B toward Washington/Sulphur Spring Road. The exit will split: stay to the far right. Follow the Sulphur Spring Road exit ramp toward US-1 Alt/Washington Blvd./Halethorpe. Turn left at the the stop sign at the bottom of the exit ramp onto Sulphur Spring Road. Follow Sulphur Spring for approximately a half mile to the Sulphur Spring Business Park. Turn left onto Old Georgetown Road, followed by a left into the first driveway. Make an immediate left. The access center is in the office building on the right.

From Baltimore City, via I-95

Take I-95 south to the Caton Avenue North exit (exit 50B) towards Wilkens Avenue. Get into the left lane and turn left at the first traffic light onto Benson Avenue. Stay on Benson Avenue until it ends at Sulphur Spring Road (approximately one mile). At the traffic light, turn left onto Sulphur Spring Road. Follow Sulphur Spring for approximately a half mile to the Sulphur Spring Business Park. Turn left onto Old Georgetown Road, followed by a left into the first driveway. Make an immediate left. The access center is in the office building on the right.

From the South, Laurel, via I-95

Take I-95 north to the Caton Avenue North exit (exit 50B) towards Wilkens Avenue. Get into the left lane and turn left at the first traffic light onto Benson Avenue. Stay on Benson Avenue until it ends at Sulphur Spring Road (approximately one mile). At the traffic light, turn left onto Sulphur Spring Road.

— Directions continued on reverse —

Follow Sulphur Spring for approximately a half mile to the Sulphur Spring Business Park. Turn left onto Old Georgetown Road, followed by a left into the first driveway. Make an immediate left. The access center is in the office building on the right.

From the South, Glen Burnie

Take I-97 toward Baltimore. Merge onto I-695 W/Baltimore Beltway Inner Loop via Exit 17A toward Baltimore/Towson. Take Exit 10 toward Washington Blvd./US-1 Alt. Turn left onto Washington Blvd./US-1 Alt. S at the traffic light at the top of the exit ramp. Continue to the first traffic light and turn right onto Sulphur Spring Road. Follow Sulphur Spring Road approximately a quarter mile to the Sulphur Spring Business Park. Turn right onto Old Georgetown Road, followed by a left into the first driveway. Make an immediate left. The access center is in the office building on the right.

From the West, Columbia

Take US-29 N/Columbia Pike toward Baltimore. Merge onto I-70 East via Exit 25A toward Baltimore. Merge onto I-695 S/Baltimore Beltway Outer Loop via Exit 91A toward I-95 S/Glen Burnie. Take the I-95 S exit. Take Exit 11B toward Washington/Sulphur Spring Road. The exit will split: stay to the far right. Take the Sulphur Spring Road exit toward US-1 Alt/Washington Blvd./Halethorpe. Turn left at the the stop sign at the bottom of the exit ramp onto Sulphur Spring Road. Follow Sulphur Spring Road approximately a half mile to the Sulphur Spring Business Park. Turn left onto Old Georgetown Road, followed by a left into the first driveway. Make an immediate left. The access center is in the office building on the right.

## Patient Instructions

### **Do not eat or drink four (4) hours before procedure**

If you are taking the medication Coumadin (Warfarin) or Plavix (Clopidogrel), this medication may need to be held depending on your recent lab results or type of procedure scheduled. If you had a valve replacement, please call the center for further instructions.

Please continue to take your blood pressure medications on the day of your procedures as prescribed.

If you are diabetic and have not eaten breakfast, do not take your insulin the morning of your procedure.

We encourage patients, especially diabetics, to bring a snack for after the procedure.

If you have a known IV dye allergy or any other significant allergies, please notify the dialysis nurse at your center. You might need pre-medication before your procedure.

If you are driving, you must bring an alternate driver to drive you home if pain medications are indicated for your procedure.