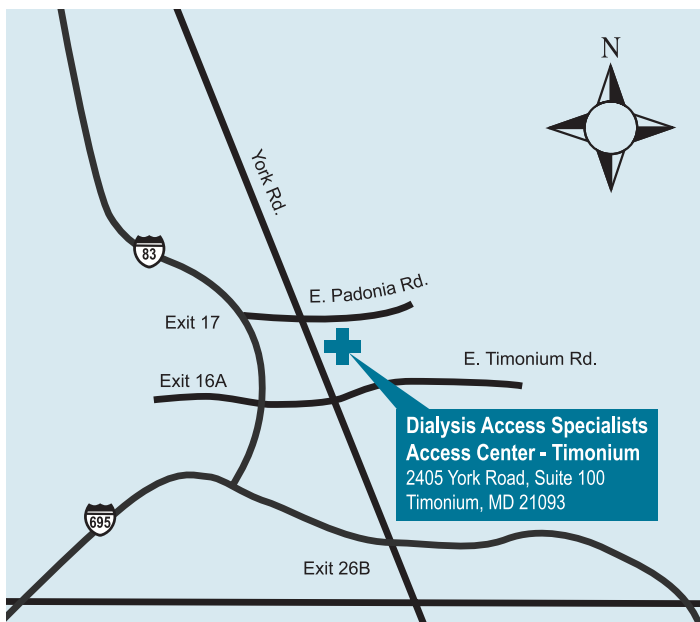


# Dialysis Access Specialists - Timonium

*A Division of Mid-Atlantic Nephrology Associates, P.A.*



2405 York Road, Suite 100

Timonium, MD 21093

Phone: 410-560-2257

Fax: 410-560-2189

Via the I-695 Beltway

Take Exit 26B Lutherville. As you are coming off the ramp, you will be on York Road heading north. Stay on York Road past eight traffic lights and make a **RIGHT** turn into the parking lot at 2405 York Road. It is a three-story building with a red sign in front. Park in the lot and enter the main door - Suite 100.

Via the I-83 Beltway

Take Exit 16A Timonium Road. Proceed to York Road and make a **LEFT** turn. Stay on York Road past two traffic lights and make a **RIGHT** turn into the parking lot at 2405 York Road. It is a three-story building with a red sign in front. Park in the lot and enter the main door - Suite 100.

# Patient Instructions

## **Do not eat or drink four (4) hours before procedure**

If you are taking the medication Coumadin (Warfarin) or Plavix (Clopidogrel), this medication may need to be held depending on your recent lab results or type of procedure scheduled. If you had a valve replacement, please call the center for further instructions.

Please continue to take your blood pressure medications on the day of your procedures as prescribed.

If you are diabetic and have not eaten breakfast, do not take your insulin the morning of your procedure.

We encourage patients, especially diabetics, to bring a snack for after the procedure.

If you have a known IV dye allergy or any other significant allergies, please notify the dialysis nurse at your center. You might need pre-medication before your procedure.

If you are driving, you must bring an alternate driver to drive you home if pain medications are indicated for your procedure.